

The Farmhouse Table



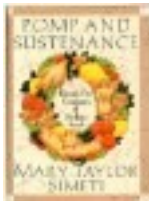
Recommended Reading

If you are contemplating a trip to Sicily, you'll probably enjoy your trip that much more if you have a little bit of background on this fascinating island. Here are a few of my favorites to get you started...and don't worry, you won't be tested later.....



On Persephone's Island: A Sicilian Journal by Mary Taylor Simeti

This is one of my favorite books about Sicily and I ask all of my clients to try and read it before the trip, if possible. A useful historical perspective on Sicily's blend of civilizations.



Pomp and Sustenance: Twenty-five Centuries of Sicilian Food by Mary Taylor Simeti

This book is a "must-have" if you are interested in Sicilian food, culture, and history. Featuring authentic recipes that validate Sicilian food as the most interesting in all of Italy. The real deal.



Palmento: A Sicilian Wine Odyssey by Robert V. Camuto

Camuto writes with the curiosity of an adventurer about the magic of Sicily...how it takes you in and feeds not only your body, but your soul as well. An insider's look at the emerging, masterful wines of the oldest wine region in Italy.



The Leopard: A Novel by Giuseppe Di Lampedusa

Set in Sicily in 1860 at the time of Italian unification, this classic transcends historical-novel classification. Bring it with you on the trip if you can't read it beforehand.



**The Stone Boudoir: Travels through the Hidden Villages of Sicily
by Theresa Maggio**

No ordinary travel book, Maggio paints a luminous portrait of the enduring Sicilian landscape and culture.



Blue Guide Sicily, 7th Edition by Ellen Grady

Superior in comprehensive detail and quality of information. The maps are excellent and it even has a glossary of architectural terms that apply to the many styles throughout Sicily.